



SUPPORT GROUP LISTING FOR INDIANA COUNTY

Published by Indiana County Department of Human Services

300 Indian Springs Road, Suite 203, Indiana, PA 15701

PH: 724-349-0500 Ext. 3 or TDD: 724-465-3805 or mpounds@indianacountypa.gov

www.humanservices-countyofindiana.org **all area codes are 724 unless otherwise noted

Human Services Information and Resources Dial 2-1-1 or go to www.pa211sw.org

**EFFECTIVE
August 2025**

ALCOHOL / DRUG / TOBACCO

AL-ANON www.pa-al-anon.org

- ❖ Thurs- 7:00 pm; Zion Lutheran Church, 100 S. 6th Street, Indiana; for family and friends

ALCOHOLICS ANONYMOUS Updated list of meetings can be found At www.wpaarea60.org; Indiana Friendly Meetings at <http://www.indianafriendly.org>; New AA Hotline at 724-322-0663

Indiana County Meetings

- ❖ Mon- 7:30 pm, The Open Door, Indiana
- ❖ Tues- 6 pm; First Unitarian Universalist Church; 8 pm, Indiana County Recovery Center, Indiana
- ❖ Wed- 8 pm; St Thomas More University Parish's Pavilion, Indiana
- ❖ Thur- 12 pm; Free Methodist Church, Blairsville; 8 pm; Graystone Presbyterian Church, Indiana
- ❖ Fri- Noon, The Open Door; 7 pm, Marion Center Presbyterian Church (on the Hill, Marion Center)-meeting has moved upstairs; Enter though door on end of the building;
- ❖ Sat- 10 am, (Women's) On-line only; <https://zoom.us/j/4378025388>; 10 am (Women's Meeting), Homer City Alliance Church (Fellowship Hall), 4674 Old US 119 HWY S., Homer City; 8 pm, Indiana County Recovery Center, Indiana
- ❖ Sun- 1 pm- The Open Door; 7:30 pm Christ Episcopal Church, Indiana

ADDICTION & MENTAL HEALTH GROUP

PH: 244-1701

Tues at 7 pm to 8 pm; Faith Alliance Church, Saltsburg

BLAIRSVILLE SUPPORT GROUP AGAINST DRUGS, RCO & BLAIRSVILLE

AREA REALITY TOUR Bsgad2017@gmail.com

PH: 724-388-1124

*** **Monthly Board Meeting:** 1st Weds each month @6:30 pm; at Hopewell Church, Hopewell Church Rd, Blacklick

*** **GRASP Grief Group & Family Education & Support Group:** Call 724-388-1124 to register.

*** **Blairsville Area Reality Tour**, Pre-registration required; 3rd Weds; 5:30 pm; at the Blairsville United Methodist Church (basement), 50 S. Walnut St., Blairsville; (call for details and to pre-register)

CELEBRATE RECOVERY

A recovery ministry based on biblical principles centered through a 12 Step program. Some examples of recovery issues are: Codependency, chemically addicted, sexual addiction, eating disorders, anger issues, depression and/or loss. 12 Step study groups meet on different days.

Locate meetings at https://locator.cr_groups.info

*** **Montgomery Community Fellowship Church** PH: 254-9720

5227 Purchase Line Road, Commodore; each Thurs 6 pm to 8 pm

FAVOR (Faces and Voices of Recovery) Western PA.

PH: 676-2111

At Bolivar Community Center, 736 Lincoln St., Bolivar, PA (Bottom floor of K&K Flowers and Coffeehouse); Provides long term support services and multiple Pathways for ALL.

info@favorwesternpa.org; www.favorwesternpa.org

- **Family/All Recovery, Education & Support**, Tuesdays at the Center, in Bolivar (in-person), 6:30 pm;

- **Offers** Allegheny Health Network (AHN) inclusion health mobile addiction recovery medicine, MAT treatment, HIV testing/treatment and STD testing/treatment. Every other Wednesday- call the Center at 724-676-2111 for an appointment. Appointments are required.

- **Kidz Krew**, meets the 3rd Fri of the month at the Bolivar Community Center, bottom floor of K&K Flowers, 736 Lincoln St., Bolivar; Art & Music Therapy for kids 6 – 16.

NARCOTICS ANONYMOUS

PH: 1-888-251-2426

www.lmhana.com

Laurel Mountain Highlands Area Chapter of Narcotics Anonymous
Referrals to meetings, services, agencies, etc.;

Indiana Area Meetings (listing at www.lmhana.com)

- ❖ Mon- 6 pm; Indiana County Recovery Center, Indiana
- ❖ Mon- 7:30 pm; Graystone Presbyterian Church, Indiana
- ❖ Tues- 7 pm; One Hope Church, 100 Ben Franklin Rd., Indiana
- ❖ Wed- 7 pm; Hope Evangelical Lutheran Church, Homer City; (Open)
- ❖ Wed- 5:30 pm; Indiana County Recovery Center, Indiana
- ❖ Thurs- 7 pm; First Unitarian Universalist Church, Indiana
- ❖ Fri- 3:30 pm; Indiana County Recovery Center, Indiana
- ❖ 8 pm; Indiana Alliance Church, Indiana
- ❖ Sat- 12 Noon; The Open Door; (Open);
- ❖ Sat- 7 pm; Indiana First Church of the Nazarene (Open)
- ❖ Sun- 7 pm; Zion Lutheran Church; (open)

NAR-ANON FAMILY SUPPORT GROUP www.nar-anon.org

Weds; 7:15 pm to 8:15 pm; at The Indiana County Recovery Center, Indiana; "Gardeners for Growth"; Have you been affected by a loved one's addictive drug use? Share your experience with others and find strength and hope and learn from one another on how to deal with the pain and heartbreak that comes with loving an addict; (Call 724-388-0324 at this time for meeting status); Zoom option available

AGED

CAREGIVER'S SUPPORT GROUP

PH: 349-4500 or

1-800-442-8016

Meets at Aging Services, Inc.; last Wed of the month at 2 pm; For caregivers of older adults. Call Melissa for more information.

NATIONAL ALZHEIMER'S ASSOCIATION –

Greater Pennsylvania Chapter; Referrals to meetings; on line support provided; PH: 1-800-272-3900

BEREAVEMENT

BEREAVEMENT SUPPORT OFFERED BY LOCAL FUNERAL HOMES:

Some offer specific support services to the families they serve; some offer support services to the general public; some offer meetings/others offer resources. Call to find out if their services can meet your needs.

❖ **BOWSER-MINICH BEREAVEMENT FUNERAL HOME,**

Indiana; PH: 349-3100 or 1-888-923-5550

❖ **C. FREDERICK BOWSER FUNERAL HOME,** Homer City;

PH: 479-9422

❖ **CURRAN FUNERAL HOME** Saltsburg; PH: 639-3911

❖ **JAMES F. FERGUSON FUNERAL HOME,** Blairsville;

PH: 459-7611

❖ **JOHN A. LEFDAHL FUNERAL HOME,** Indiana; PH: 463-4499

❖ **MCCABE – ROOF FUNERAL HOME,** Clymer; PH: 254-2555

❖ **RAIRIGH-BENCE FUNERAL HOME,** Indiana PH: 349-2000

❖ **RAIRIGH FUNERAL HOME,** Hillsdale; PH: 814-743-6833

❖ **RICHARD SHOEMAKER FUNERAL,** Blairsville; PH: 459-9115

❖ **RICHARD C. STUART FUNERAL HOME,** Armagh;

PH: 814-446-6699

❖ **ROBINSON-LYTTLE-SHOEMAKER, INC. FUNERAL HOME,**

Indiana; PH: 349-9700

CLARVIDA AND THE SUICIDE TASK FORCE OF INDIANA COUNTY'S

"Suicide Bereavement Support Group":

PH: 724-762-5265

For adults, 18 years and older; Meets on the 3rd Tuesday of the month; 6:30pm to 8 pm; at Clarvida's Office, 655 Church Street; open gatherings led by peers & clinicians, to offer comfort and understanding to those grappling with the loss of a loved one to suicide. email Chelsey.baroni@clarvida.com.

EXCELA HEALTH CHILD AND ADULT GRIEF SUPPORT GROUPS

PH: 724-516-8605; For information about grief support groups Or the Neighborhood Kids Program, call and ask for a Bereavement Counselor.

FAVOR (Faces and Voices of Recovery) WESTERN PA**SHARING GRIEF SUPPORT GROUP** PH: 840-9160

1st Mon; 6:30 pm; at Bolivar Community Center, 627 Washington St., Bolivar; for anyone grieving the loss of a loved one; This group may not meet during the winter months. Call to confirm prior to going.

GRIEF SHARE

This is a support group for those experiencing grief. Pre-register at www.griefshare.org/findagroup

*****Remnant Faith Community**

PH: 724-464-7065

15- week sessions- 1 session in spring and 1 in fall; at Remnant Faith Community Church, 480 Old Rt 119N, Indiana; \$10 for workbook; This Christ-centered program helps people apply biblical principles as they deal with the emotions and life stresses following the death of a loved one. Call to find out specific dates/times they will be meeting.

HIGHMARK CARING PLACE

PH: 1-888-224-4673

620 Stanwix Street, Pittsburgh; For grieving children, adolescents, and families; offers support groups weekly or bi-weekly basis

HOPEFUL HEARTS/A SERVICE OF CONCORDIA-IRMC VNA

PH: 463-6340

A child-focused, family bereavement support center. Program provides peer support at no cost for all family members when someone close to the family has died. Families meet in the evenings, Sept thru May; every 2nd and 4th Tuesday of the month in a safe, caring and confidential environment.

PA TEARS FOUNDATION PREGNANCY AND INFANT LOSS SUPPORT GROUP:

Meets in person & virtually the 3rd Thurs of month; 8 pm; for everyone who has suffered a loss of a baby; Anyone welcome to attend no matter how long ago your loss was or when it occurred. Other groups for parents/grandparents offered. Call 724-804-8719 or go to www.thetearsfoundation.org/supportgroups/ for more information.

CONCORDIA-IRMC VNA FAMILY HOSPICE COPING WITH LOSS SUPPORT GROUPS

PH: 724-487-2010

2 pm on the third Tues of the month; at IRMC Conference Room #2, located near IRMC Cafeteria, 835 Hospital Road, Indiana; Groups are open to all those who are coping with grief and loss. Groups are free and open to the community. Call Lori Parks at 724-487-2010

FAMILY / PARENTING**AUTISM AND SPECIAL NEEDS SUPPORT GROUP OF INDIANA COUNTY**

Support for parents of children with autism via posts and live videos; For more info contact jalogers@hotmail.com or www.facebook.com/Autismsupportgroupofindianaco

GRANDPARENT'S SUPPORT GROUP

PH: 349-4500 OR

1-800-442-8016

Meets at Aging Services, Inc.; last Thurs of the month; at 2 pm; for grandparents raising their grandchildren. Call Melissa for more information.

HEALTH & DISABILITIES**ARTHRITIS FOUNDATION OF WPA**

PH: 1-800-283-7800;

Information and support. www.arthritis.org**BRAIN INJURY ASSOCIATION OF PA**

PH: 1-800-444-6443

Resource Line

HEARING LOSS ASSOCIATION OF PA hlap.news@gmail.com

Pittsburgh Chapter #1; <https://hlaa-pa.org/WP/chapter-list/pittsburgh/>; 3rd Sat.-10am (not Jan, Feb, June, July, August and December) DePaul School for Hearing & Speech, 6202 Alder St., Pittsburgh

IRMC

Check out their website/calendar for information on all support groups they offer. <http://www.irmc.org/calendar>

MYASTHENIA GRAVIS ASSOCIATION

PH: 412-566-1545

Offers an Educational/Support Group Series; 6 times per year;

PARKINSON'S SUPPORT GROUP

PH: 724-388-6894 or 814-421-3106

Last Thurs of month; 2 pm; at Saving Grace Church, Hospital Road, Indiana; provides support and information on how to access resources to assist those affected by Parkinson's; operate in conjunction with the Parkinson's Foundation of Western PA, meetings are open to individuals diagnosed with Parkinson's and their caregivers; no need to pre-register

REACH TO RECOVERY – American Cancer Society;

Newly diagnosed breast cancer patients receive support, information, and resources through visits and conversations with trained breast cancer survivors. ***Offered virtually. Call 1-800-227-2345.

TOPS – TAKE OFF POUNDS SENSIBLY – www.tops.org

-Tues-12:30 pm weigh-in; 1 pm; meeting starts; Grace In Ministries Building, 728 Church Street, Indiana; monabowser57@yahoo.com

-Tues-3:00 pm, weigh-in; 3:30 pm meeting; Global Methodist Church, Rossiter; tinagbarkley@gmail.com

-Fri- 8:00 am, weigh-in; -8:30 am, meeting; Clymer Presbyterian Church, Clymer; tburkhart71@gmail.com

WEIGHT WATCHERS

PH: 1-800-651-6000 or

www.weightwatchers.com (fee); Offers in person and virtual workshops.

MENTAL HEALTH**COMMUNITY SUPPORT PROGRAM (CSP)**

PH: 724-840-5857 or 349-3350

1st Thurs; 1 pm; at the Chevy Chase Community Center, 640 N 5th Ave. Indiana; This is a group of consumers, family members and professionals with a common vision of improving the mental health system. Email: ahockenberry@armindcfs.org.

CRITICAL INCIDENT STRESS MANAGEMENT TEAM

PH: 1-877-333-2470 or 349-1428

For emergency services personnel (ambulance, fire, law enforcement and other responders); In debriefing, the team helps prevent the negative impact of acute stress and help in the recovery process.

SEXUAL ABUSE / DOMESTIC VIOLENCE / OTHER CRIME - -**ALICE PAUL HOUSE** PO Box 417, Indiana

PH: 349-4444 or 1-800-435-7249

Trauma-Informed, evidence based and research supported individual and group programs led by certified advocates. An array of topics that provide the individual with an understanding of domestic violence, sexual abuse, and victimization. Education Prevention & Awareness and Economic Justice/Financial Empowerment is also available

LARGE PRINT AVAILABLE UPON REQUEST

There are several other agencies/groups who did not respond to our update request this year. Please call 724-463-8200, ext 3 for information on what may be available.